

# LIVING WELL CALENDAR

## September 2011

S	M	T	W	TH	F	S
				1 Chemo 101 4:00 p.m.	2	3
4	5 LCC Closed Labor Day	6 Chemo 101 9:00 a.m. Art Therapy 5:30-7:00 p.m. Cancer support group	7	8 Chemo 101 4:00 p.m. Yoga 10:00 to 11:30 a.m.	9	10
11	12	13 Chemo 101 9:00 a.m.	14	15 Chemo 101 4:00 p.m. Bosom Buddies	16	17 Harvest of Hope 8:30 a.m. -1:00 p.m. First Baptist Church
18	19	20 Chemo 101 9:00 a.m. Art Therapy 5:30-7:00 p.m.	21	22 Yoga 10:00 to 11:30 a.m. Nutrition 2:00 p.m. Chemo 101 4:00 p.m.	23 Autumn Begins	24 Glory, Hope & Life Fundraiser 7:00 p.m. Chattahoochee Country Club
25	26	27 Chemo 101 9:00 a.m.	28	29 Chemo 101 4:00 p.m.	30	

## October 2011

S	M	T	W	TH	F	S
						1
2	3	4 Chemo 101 9:00 a.m. Art Therapy 5:30-7:00 p.m. Cancer support group	5	6 Chemo 101 4:00 p.m. Yoga 10:00 to 11:30 a.m. Nutrition 10:00 a.m.	7	8
9	10 Columbus Day	11 Chemo 101 9:00 a.m.	12 HealthSmart Georgia Mountain Center	13 Chemo 101 4:00 p.m.	14	15
16	17	18 Chemo 101 9:00 a.m. Art Therapy 5:30-7:00 p.m.	19	20 Yoga 10:00 to 11:30 a.m. Chemo 101 4:00 p.m. Bosom Buddies	21	22
23	24	25 Chemo 101 9:00 a.m.	26	27 Chemo 101 4:00 p.m.	28	29
30	31 Halloween					

